

P.E.

Indoor kit:

- Plain blue / black shorts,
- T- shirt in house colour (red/ green/ blue or yellow)
- Black pumps or Trainers

Outdoor kit:

- Plain blue / black jogging bottoms
- Water Street hoody or plain dark coloured sweatshirt
- T- shirt in house colour (red/ green/ blue or yellow)
- Trainers

- All items should be kept in a PE bag.
- PE kit should be in school at all times (Due to space restrictions in the cloakrooms children should refrain from bringing large rucksacks/holdalls to school).

Swimming:

- A one piece swimsuit or tight shorts that are above the knee
- Anyone with hair that is long enough to tie up is to wear a swim hat
- Goggles

Religion

If children wish to cover their head for religious or cultural observance they should wear a plain black or white cotton scarf, which must be securely fastened.

Jewellery

Jewellery must not be worn except in the case of pierced ears. Earrings must be removed or covered with tape for PE lessons.

Following advice from the school's Health and Safety Advisors, parents must follow the principles below:

Jewellery must not be worn except in the case of pierced ears when one earring in each ear is allowed and these must be studs. The wearing of multiple earrings in each ear is not allowed. There should be no other visible body piercing.

There are a number of risks associated with piercing including:

- Potential injury, due to inadvertent contact of the jewellery with other people, clothing, equipment, etc.
- The risks to health are entirely associated with the individual concerned, these being infection and blood borne diseases, (eg Hepatitis, HIV–Aids). If good personal hygiene practices are not adopted, the risk of ill-health to the individual concerned is significant.
- Risk of injury to others is greater in some aspects of the curriculum e.g. sports activities, adventure activities, drama, dance and physical activity in the playground.

The following principles will be applied for all pupils who have piercings:

- All piercings should be removed **by the pupil** prior to any physical activity, this includes swimming lessons.
- If the piercings cannot be removed for PE, the pupil must cover the earring with medical tape. **The pupil is expected to bring this from home.**
- **Swimming:** Pupils are to remove earrings if possible or wear a swim hat that completely covers the ears.
- If parents wish to have their child's ear pierced it is recommended that the piercing takes place at the start of the Summer holidays, so that the jewellery can be removed before Physical Education lessons, without the problem of infection or healing over.

Parents are also reminded to remove nail varnish from their children's fingernails before arriving at school.

Hair: Children with long hair must tie their hair back.