Water Street Primary School
Elliot Street
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WE create BRIGHT FUTURES

8 July 2026

Dear Parents and Carers,

At Water Street School, we are committed to supporting every child's personal development and wellbeing. A key part of this is our PSHE (Personal, Social, Health and Economic) curriculum, which is taught weekly to all pupils from EYFS through to Year 6, and is also embedded throughout everyday school life.

PSHE plays an important role in helping children develop the knowledge, skills and understanding needed to lead happy, healthy and safe lives. It supports them in building positive relationships, managing emotions, and becoming confident and responsible members of society.

We would like to inform you that the Department for Education (DfE) has updated its guidance for Relationships, Health and Sex Education, with all schools required to implement these changes by September 2026. These updates aim to:

- protect children from emerging risks, particularly online
- strengthen safeguarding
- support mental health and wellbeing
- reflect the real-life experiences and challenges children face today

In response, we have reviewed and enhanced our current PSHE provision. From September 2026, we will deliver our curriculum using the Coram SCARF programme, a carefully structured scheme that supports children's learning in an age-appropriate and progressive way.

The SCARF programme is organised into six key areas. We will follow these topics as whole school half-termly themes.

Me and My Relationships
Children explore feelings and emotions, develop skills to manage conflict, identify important people in their lives, and learn the qualities of positive, healthy relationships.

Valuing Difference
This area promotes respect and inclusion, including British Values. Children learn to recognise and challenge bullying (including online), respect the rights of others and understand the role of an upstander.

Keeping Myself Safe
Children learn about different aspects of safety, including how to identify trusted adults, respond to situations of concern, stay safe online, and understand appropriate and inappropriate touch. As a school we also focus on water, road and rail safety.

North Yorkshire County Council · We are a Fairtrade School · Healthy School · The Basic Skills Agency Quality Mark · Arts Council England Artsmark Gold · Silver Eco-Schools Silver Award

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Rights and Respect
This includes learning about caring for the environment, understanding rights and responsibilities, and developing economic awareness as children grow.

Being My Best
Children focus on physical health, wellbeing and resilience, including developing a growth mindset, setting goals and working towards them.

*Growing and Changing**
This area covers age-appropriate learning about physical and emotional changes, including puberty, as well as Relationships and Sex Education. The correct anatomical vocabulary for body parts will be used.

We have carefully tailored this programme to meet the needs and maturity levels of our pupils and are confident it will further strengthen our existing high-quality provision.

We really value working closely with parents and carers, as we know it makes a big difference to your child's learning and development. We will continue to keep you informed about your child's learning through our weekly class newsletters.

If you would like to find out more about the PSHE/RSE curriculum, wish to view any of the teaching materials or have any questions, please do not hesitate to get in touch.

Thank you for your continued support.

Yours sincerely,

Nicola Smith

Year 5 Class Teacher and PSHE/RSE Subject Lead
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