

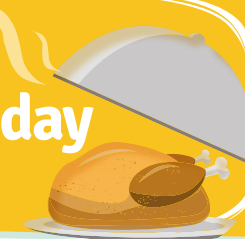
## Mega Mondays



## Around the World



## Roast Wednesday



## School Favourites



## Fishy Fridays



## WEEK 1

Weeks starting:  
5th Sept, 26th Sept, 17th Oct,  
7th Nov, 28th Nov, 19th Dec

Classic Pizza Margherita (v)  
Homemade Plant Based Burger in a Bun (vg)  
Vegetarian Noodle Chow Mein (v)  
Fresh Jacket Potato with a Choice of Filling (gf)

Oven Baked Diced Potatoes, Peas, Sweetcorn,  
Salad Bar (gf) (vg), Fresh Bread of the Day

Strawberry Ice Cream (gf) (v)  
Paris Slice & Custard (v)  
Fresh Fruit (gf) (vg)  
Dairy Fruit Yoghurt (gf) (v)

Pasta Bolognese  
Vegetarian Pasta Bolognese (vg)  
Chicken Fajita Wrap  
Fresh Jacket Potato with a Choice of Filling (gf)

Wholegrain Rice, Carrots, Broccoli,  
Salad Bar (gf) (vg), Fresh Bread of the Day

Chocolate Sponge & Chocolate Sauce (v)  
Scotch Bread (v)  
Fresh Fruit (gf) (vg)  
Dairy Fruit Yoghurt (gf) (v)

Roast Chicken (gf)  
Traditional Cottage Pie (gf)  
Plant Based Cottage Pie (vg) (gf)  
Fresh Jacket Potato with a Choice of Filling (gf)  
Roast Potato, Savoy Cabbage, Roasted Root Veg Medley,  
Gravy, Salad Bar (gf) (vg), Fresh Bread of the Day

Jelly (gf)  
Vanilla Cookie (vg)  
Fresh Fruit (gf) (vg)  
Dairy Fruit Yoghurt (gf) (v)

BBQ Chicken Cheddar Pasta  
Jumbo Sausage Roll  
Oven Baked Vegetarian Sausage (v)  
Fresh Jacket Potato with a Choice of Filling (gf)  
Crushed New Potatoes, Baked Beans, Sweetcorn  
Salad Bar (gf) (vg), Fresh Bread of the Day

Winter Fruit Crumble & Custard (v)  
Chocolate & Orange Cookie (vg)  
Fresh Fruit (gf) (vg)  
Dairy Fruit Yoghurt (gf) (v)

MSC Fish Fingers  
Battered Fish Fillet  
Omelette (v) (gf)  
Fresh Jacket Potato with a Choice of Filling (gf)  
Chips, Garden Peas, Baked Beans, Tomato Ketchup,  
Salad Bar (gf) (vg), Fresh Bread of the Day

Gingerbread Man (vg)  
Apple Flapjack (vg)  
Fresh Fruity Friday (gf) (vg)  
Dairy Fruit Yoghurt (gf) (v)

## WEEK 2

Weeks starting:  
12th Sept, 3rd Oct, 24th Oct,  
14th Nov, 5th Dec

Classic Pizza Margherita (v)  
Plant Based Chilli Con Carne (vg) (gf)  
Mushroom Pasta Carbonara (v)  
Fresh Jacket Potato with a Choice of Filling (gf)

Oven Baked Potato Wedges, Green Beans, Sweetcorn,  
Salad Bar (gf) (vg), Fresh Bread of the Day

Jam & Coconut Sponge & Custard (v)  
Traditional Flapjack (vg)  
Fresh Fruit (gf) (vg)  
Dairy Fruit Yoghurt (gf) (v)

The Dolce Cheddar Cheeseburger  
(Dairy Free option Available)  
Green Pea Risotto (v) (gf)  
Salmon & Sweet Potato Fishcake  
Fresh Jacket Potato with a Choice of Filling (gf)

New Potatoes, Rainbow Slaw, Green Beans,  
Salad Bar (gf) (vg), Fresh Bread of the Day

Pear Chocolate Sponge & Chocolate Sauce (v)  
Shortbread (vg)  
Fresh Fruit (gf) (vg)  
Dairy Fruit Yoghurt (gf) (v)

Roast Chicken (gf)  
Macaroni Cheese (v)  
Sausage & Bean Casserole (v)  
Fresh Jacket Potato with a Choice of Filling (gf)  
Roast Potatoes, Vegetable Medley, Savoy Cabbage,  
Gravy, Salad Bar (gf) (vg), Fresh Bread of the Day

Warm Apple Turnover (vg)  
Oat Cookie (vg)  
Fresh Fruit (gf) (vg)  
Dairy Fruit Yoghurt (gf) (v)

Minced Beef Pie  
Cauliflower Cheese Loaded Yorkshire (v)  
Authentic Vegetable Curry & Rice (vg)  
Fresh Jacket Potato with a Choice of Filling (gf)

Mashed Potato, Broccoli, Carrots, Gravy,  
Salad Bar (gf) (vg), Fresh Bread of the Day

Frosted Carrot Cake (v)  
Chocolate Crunch (v)  
Fresh Fruit (gf) (vg)  
Dairy Fruit Yoghurt (gf) (v)

MSC Fish Fingers  
Battered Fish Fillet  
Baked Bean Burger (vg) (gf)  
Fresh Jacket Potato with a Choice of Filling (gf)  
Chips, Baked Beans, Garden Peas, Tomato Ketchup,  
Salad Bar (gf) (vg), Fresh Bread of the Day

Apple Crumble & Custard (vg)  
Rainbow Jelly Fruit (gf)  
Fresh Fruity Friday (gf) (vg)  
Dairy Fruit Yoghurt (gf) (v)

## WEEK 3

Weeks starting:  
29th Aug, 19th Sept, 10th Oct,  
31st Oct, 21st Nov, 12th Dec

Classic Pizza Margherita (v)  
Vegetable Korma & Wholegrain Rice (vg) (gf)  
Baked Bean Potato Pie (vg) (gf)  
Fresh Jacket Potato with a Choice of Filling (gf)

Oven Baked Diced Potatoes, Garden Peas, Sweetcorn,  
Salad Bar (gf) (vg), Fresh Bread of the Day

Lancashire Cookie (vg)  
Vanilla Ice Cream (v) (gf)  
Fresh Fruit (gf) (vg)  
Dairy Fruit Yoghurt (gf) (v)

All Day Breakfast  
All Day Vegetarian Breakfast (v)  
Pasta Neopolitan (vg)  
Fresh Jacket Potato with a Choice of Filling (gf)

Baked Beans, Mixed Green Salad,  
Salad Bar (gf) (vg), Fresh Bread of the Day

Apple Sponge & Custard (v)  
Chocolate Cookie (vg)  
Fresh Fruit (gf) (vg)  
Dairy Fruit Yoghurt (gf) (v)

Roast Chicken (gf)  
Winter Vegetable Puff Pie (vg)  
Five Bean Stew (vg) (gf)  
Fresh Jacket Potato with a Choice of Filling (gf)  
Mashed Potatoes, Glazed Carrots, Savoy Cabbage,  
Gravy, Salad Bar (gf) (vg), Fresh Bread of the Day

Fruit Jelly (gf)  
Iced Grasmere Gingerbread (vg)  
Fresh Fruit (gf) (vg)  
Dairy Fruit Yoghurt (gf) (v)

Oven Baked Sausage & Mashed Potatoes  
Oven Baked Veg Sausage & Mashed Potatoes (v)  
Vegetable Moussaka (v) (gf)  
Fresh Jacket Potato with a Choice of Filling (gf)

Carrots, Broccoli, Gravy,  
Salad Bar (gf) (vg), Fresh Bread of the Day

Chocolate Fudge Pudding (v)  
Coconut Macaroon Muffin (v)  
Fresh Fruit (gf) (vg)  
Dairy Fruit Yoghurt (gf) (v)

MSC Fish Fingers  
Battered Fish Fillet  
Mexican Bean Wrap (v)  
Fresh Jacket Potato with a Choice of Filling (gf)  
Chips, Baked Beans, Garden Peas, Tomato Ketchup,  
Salad Bar (gf) (vg), Fresh Bread of the Day

Banana Slice (vg)  
Chocolate Crispy Cake (vg)  
Fresh Fruity Friday (gf) (vg)  
Dairy Fruit Yoghurt (gf) (v)

Bread and  
Salad Bar  
available  
DAILY